

FOR WHAT IT'S WORTH

Cathy Young, Editor



Aug. 7, 2015

Editor's Comments

This past week, while we still got a little rain, we were blessed with days of sunshine, great temperatures, and usually a pleasant breeze. We hope everyone was in Alpine to enjoy that nice weather and do some things outdoors. Several days, the beach was well-attended, more folks were on the lake fishing or kayaking, the golf course was being enjoyed by numerous golfers (including Stokers who have been rained out more often than they were able to play so far this year), and even Bocce games were possible. Open Mic at the lodge on Thursday nights has seen an increase in players and listeners alike, and we hope that will continue. We are learning of new residents moving into our community, thanks to Linette's reports, and we hope everyone is giving them a warm Alpine Lake welcome and inviting them to some of the many activities we all enjoy. There are so many choices, we sometimes have to "pick and choose" because we can't do them all. If you haven't been to the restaurant for breakfast yet, give it a try...good service and delicious food enjoyed in the airy dining rooms or even on the deck when the weather allows. It's all good. Enjoy Alpine Lake in summer.

Next FWIW comes out **Fri., Aug. 21st**. Watch for reminder email for your articles, and please email items to youngcl2@frontier.com. or use the FWIW box on the lobby counter. **Please keep your articles brief so we can fit all the news in each issue.** And please help us keep FWIW a positive publication – good news is always better than negative issues. Remember that folks outside Alpine can read FWIW. Thanks for your cooperation and participation. Enjoy!

TIMELY NOTICES & REMINDERS...

This Weekend - ALPINE LAKE YARD SALE – Aug. 7-8 – Boathouse

See Property Owners Committee report in this issue for more information and start saving your "treasures" now. Bake Sale will also be held, with proceeds going to the local Food Pantry.

LIVE MUSIC at ALPINE - Every Friday Night - 7-10 PM - Evergreene Room, Lodge

Some great musicians will entertain everyone who comes to listen. Come for dinner or just to enjoy the music. Watch for Flyers at the Lodge for performing artists and dates they'll be here. Coming up...

TONIGHT - Aug. 7 – Pat Obrennan
Aug. 14 – Scott Alexander
Aug. 21 – Floyd Cowger
Aug. 28 – Janice Ray Duo

ALLGO INVITATIONAL – Thur., Aug. 13 – Lodge

Over 30 Alpine men have volunteered to help the ladies in various spots – golfers from other clubs are always impressed that we have such widespread support from our men, and we THANK YOU ALL. (See article from Sue Aamodt elsewhere in this issue.)

"The key to a successful marriage: Respect, Friendship & Love"...in that order."
- Anonymous



COMING SOON! Don't miss it...

WILDFLOWER WALK – by *Helen Wylie*

Join me for a flower walk on **Tue., Aug. 18th** – we will meet at **10:00 AM at the Entrance Pond**. Walking around the pond, we'll observe some of the late-blooming flowers. Hope to see you there.

UPCOMING ALP PROGRAM – Tuesday, Aug. 18th – 7 PM – Boathouse

“Y20 YOGA – Movin’ & Groovin’ for Healthy Living”, presented by Tina Dick, certified Yoga instructor. Whether you like to Shake, Rattle & Roll or Twist & Shout, the class will begin warming up by groovin’ to some oldies but goodies. It will continue to get movin’ into a gentle yoga practice to end any Summertime Blues and rekindle one’s Joy to the World. It will end with tunes to calm, cool and restore the body, as if being Somewhere Over the Rainbow. No need for any Blue Suede Shoes! Get into the groove and come experience a happy heart, joyful joints and balanced body for improved health. Sign-up sheet and flyers available at the Lodge. Fee: \$3.00 and **Limit: 20 attendees.**

Next Da VINCI & DESSERT – from *Robin White, Organizer/Coordinator*

Save the date – **Sunday, Aug. 23rd – 2-4 PM – Alpine Lake Boathouse**

Let local artist/instructor Ashley Teets bring out your hidden talent as she walks you through the steps in creating your own masterpiece in an afternoon full of fun and dessert! Sign-up sheet will be at the Front Desk of the lodge on Aug. 1st – or register online at www.davincianddessert.com. Contact Robin White if you have any questions – (304) 933-2244. Cost is \$45.

Another ALP PROGRAM – Tue., Aug. 25 – 7:00 PM - Boathouse

“**Not Simply Supplements**” will be presented by Alpine’s own **James Hoadley**, PhD, former Regulatory Scientist for the FDA, and currently a private consultant to the food and supplement industry. The ***Dietary Supplement Health & Education Act of 1994 (DSHEA)*** is the statute which defines and regulates dietary supplements. FDA approval is not required before marketing by supplement manufacturers. There is also limited power to intervene regarding adverse effects that may be caused by these products. Contents vary widely from product to product. Dr. Hoadley will define what constitutes a dietary supplement, what DSHEA means to consumers, and answer your questions about this important health issue. Please take advantage of this opportunity to be an informed health products consumer. Sign- up sheet and fliers available at the lodge. Fee: \$3.00.

MUSIC FESTIVAL – Sat., Aug. 29th – Noon - Boathouse/Gazebo (formerly Bluegrass Festival)

The bands are Guilty Pleasures Band (rock); Jason Good Blues Band (blues); Kenny Jones Band (country); and the Hillbilly Gypsies (bluegrass). Tickets are on sale now at the Front Desk of the Lodge. Flyers are there, also. Put it on your calendar and get your tickets NOW.



OF INTEREST ... from *Jenni Mills*

Miles Blundell, son of Alpine Lake resident **Christine Blundell** and the late **John Blundell**, was recently recognized as the 2015 PGA Merchandiser of the Year (Resort Facilities) at Turning Stone Resort Casino, Verona, New York. Miles is Director of Golf Operations there. Miles is in charge of Turning Stone’s five separate golf shops. Congratulations.

COMING LATER! Mark your calendars now & try to attend.

ALPINE LAKE CRAFT SHOW/SALE – by Joyce Wachter, Co-Chair

The 2nd annual Alpine Craft Show will be held **Saturday, Sept. 5th** – from **9 AM – 1 PM** in the **Rhododendron Room** of the **Lodge**. Find unique hand-crafted items from woodworking, jewelry, baskets, quilts, needlework and so much more. We have new artisans joining the show, so put the date on your calendar and don't miss it! If you would like to RESERVE a table, please call Joyce Wachter at (304) 789-5086 or Donna Bowers (304) 789-6369.



LABOR DAY PICNIC – **Sunday, Sept. 6th** – **Boathouse**

Watch for flyers and information in future issues of FWIW. See you there.

OKTOBERFEST FESTIVAL – **Saturday, Sept. 19th** – **Boathouse**

Celebrate fall in Alpine with good food, craft vendors, music, contests, entertainment...and more!

Weekend wraps up with a special breakfast on Sunday morning, Sept. 20th. Watch for details and plan to join friends and neighbors at this annual event that gets better each year.

(Also check COMING EVENTS at the end of FWIW for a list of other upcoming events to note)

Thoughts, Prayers & Thank You Messages



This section of FWIW is one of the best loved because it gives us an opportunity to keep up with our neighbors and friends by reporting good news as well as offering support when folks are going through difficult times. Thank you for passing along updates and news.

Thank-you Note: “We are relatively new owners at Alpine and recently rented the boathouse for our daughter’s wedding. We would like to deeply thank the owners for the privilege of this affordable usage. We had nearly 200 guests, many of whom have never been to this beautiful location. Everyone was so impressed!! On July 25th, the wedding day, we were divinely blessed with a picture perfect day, which only set off the amazing surroundings. The boathouse was clean and nicely decorated. We made all attempts to be sure everything was back in place and left in the exceptional condition in which it was found. Again, thank you for this opportunity. We look forward to our upcoming retirement and plan to become more involved in the Alpine community.” - **Sherrill & Sheila Dillon**

We know there are some in our community dealing with health issues, family and friend losses, and other challenges, so if you know of someone who would like us to remember them in this section of FWIW (with their permission), please let us know. We also ask that you continue to remember friends and neighbors we’ve mentioned in previous issues...the need is ongoing. Thank you.

“The human race has one really effective weapon, and that is laughter.”
- Mark Twain

OUR NEIGHBORING COMMUNITIES

EGGS/PRODUCE – Fridays 4 PM to 6:30 PM – Terra Alta Community Park

James Stemple, our local farmer who delivers to Alpine normally, is now selling his wares at the Terra Alta Farmers' Market during the summer months. Visit him there, and please support our local farmers.

TERRA ALTA FOOD BANK – There is an ongoing need to replenish supplies at our local food bank, so please add your donations whenever you can to help this worthy cause. There is a box inside the front foyer of the lodge for your convenience. Please continue to be generous in your giving to help those in need. These donations directly benefit our local Terra Alta community. Thank you.

YARN BOMBING in ROWLESBURG SZILAGYI CENTER

This event was reported in the Preston County Journal and brought to our attention by property owner, Shirley Melmed.

The proposed yarn bombing is to fill a huge tree at the Rowlesburg Szilagyi Center and all Preston residents are encouraged to participate. Yarn bombing is described as a type of graffiti or street art, using colorful displays of knitted or crocheted yarn, rather than paint or chalk. It is hoped the completed project will be a great addition to the 10th Anniversary of Arts in Preston on October 10th. It's a simple idea – participants are asked to *knit or crochet a square to be used to adorn the tree outside this center* – any color, no design needed, *only request is that the square be 9"x9" and that they have it by Sept. 15*. Grab your leftover balls of yarn and get those creative juices flowing. If you want more information, contact the organizer Janet Szilagyi at (304) 329-1514 or email her at jlsz@aol.com. There is also a medallion being used as a fundraiser – costs \$10 and proceeds benefit Riverbend Art Studio. Check it out and consider getting involved in this fun project.



HAPPENINGS AROUND THE LAKE & NEARBY...

ALPINE LAKE BOCCE BALL – from Sharon Golmitz

After weeks of rain-outs, the Bocce Group has again been enjoying Sunday evening games. We meet at 6:00 PM Sunday evening at the Bocce Court next to the mini golf course. No special equipment, talent or skill is required. There is a core group of players who are always happy to welcome new folks and teach them the few simple rules of the game. Bring a chair and a drink and join your neighbors in a few fun games of Bocce. It is a very nice way to top off the weekend.

FUN-FIT" CORNER – Compliments of the AM Aerobics Group

Even with all the extra activity going on in our community this time of year, we have a lot of folks who make an effort to show up for aerobics classes for an hour three days a week. We work out to peppy music with others who are there for the same reasons...doing something good for our bodies, laughing and joking and encouraging each other to keep going. Everyone is welcome, so give it a try. We meet Mon., Wed. & Fri. at 9 AM in the Allegheny Room of the lodge. See you there. Join anytime!



Eat a healthy diet and stay physically and mentally active to keep your brain in shape!

(Wow...healthy body AND brain) 😊



GOLF AT ALPINE LAKE...



Upcoming Tournaments at Alpine Lake Course:

Thur., Aug. 13 – ALLGO Invitational

Sat., Sept. 19 – Oktoberfest Scramble (watch for details – sign up at Pro Shop)

GOLF NEWS

ALLGO Ladies League – July 30th – Format: Lady in the Box

18 Holes: 1st: Mary Ann Krewson & Becky Meacham (Tied at 102)

2nd: Ann Dunson (103)

Birdies #6, #7 & #18 – Mary Ann Krewson (WOW)

Senior Men's League – July 29 – Format: Scramble

1st place: Skip Creamer, Bill Freeman, Gary Horsey & Larry Layman (66)

2nd place: Bill Beck, Joe Hughes & Gary Dickson (68)

Tuesday AM Scramble –

July 28th - 1st place: Dave Gallagher, Bill Felix, Bill Beck & Ann Dunson (-4) *

2nd place: Dottie Schwer, John Foley & Gary Horsey (-4)

• - denotes card-off (tied)

Aug. 4th – 1st place: Dave Gallagher, Pete Ferrio, Andy Beardslee & Dottie Schwer (-5)

2nd place: Bill Beck, Bill Felix, Dick Gallagher & Fred McNaboe (-4)

2015 ALPINE LAKE CLUB CHAMPIONSHIP WINNERS

Club Champion: Andy Beardslee

Sr. Men's Club Champion:

1st Flight – Loring Young

2nd Flight – Larry Layman

Ladies' Club Champion – Mary Ann Krewson

Kudos to ALL...enjoy your special parking spot for a year!!

STROKERS NEWS & HAPPENINGS – by Loring Young

July 27th – Great weather has made Stokers even more enjoyable for the brave of heat and weak of mind. Turnout has been good, averaging 16 golfers and couple other (not sure) types. Must be 'THE SKIPPER' and his jokes – he has them rolling in the parking lot at Terra Alta Dairy Queen. Come on out for some social fun golf and light dinner afterwards. Show up at 4:00 PM and tee off at 4:30.

July 27th – 17 golfers and 20 for dinner

1st place: George Fetcho, Cathy & Loring Young (-2)

2nd place: Phyllis Teets, Beck & Hal Meacham (dreaded card-off) (+1)

3rd place: Birgit & Bernie Stock and Dottie & Skip Creamer (tied at +1 – lost in card-off)

Aug. 3rd – 17 wanna-be golfers again, and 18 for dinner

1st place: Sue Aamodt, George Fetcho, Cathy & Loring Young (-2)

2nd place: Mike Andes & daughter Katie Andes and John Bowers (Even)

(John...some walking around \$\$ to the Commish & you won't have to play with Mike again.)

3rd place: Becky & Hal Meacham and Barb Conway (+2)

We'd like to see your smiling faces next Monday evening.

It's not the load that breaks you down - it's the way you carry it.



GOLF AT ALPINE LAKE...More News



ALLGO INVITATIONAL – by Sue Aamodt, Chair

The annual ALLGO Invitational golf tournament will be held on **Thursday, Aug. 13th**. Our invitational is one of the most popular ladies' golf events in the tristate area. It is anticipated that 72 ladies will register to play this year. As usual, the ALLGO and Triple Treat membership is diligently working to make this year's event memorable. As in the past, the men of Alpine Lake, as volunteers, will assist the ladies and golf shop as bag "boys", course ball spotters, putting contest officials, roving relief, CTP monitors, and even photographers. While we have been unable to locate an official record of when the first ALLGO Invitational was held, we have found information that indicates the first one may have been held in 1987. If correct, this will be the 28th annual ALLGO Ladies' Invitational!!! Cost to play in the tournament is \$30 for ALLGO members; \$40 for Alpine Lake course members; and \$50 for all others. This fee covers golf with cart, a continental breakfast, prizes and a buffet lunch at the completion of play. If you would like further information or wish to play in the tournament, please contact Sue Aamodt at (304) 789-6382.

1st ANNUAL "TEE IT UP & BELIEVE" GOLF EVENT – by Sue Aamodt

In support of Tag's Mammography Program and the Zelda Stein Weiss Cancer Fund, Alpine Lake will host the 1st Annual "Tee It Up & Believe" golf event on **Sunday, Aug. 23rd**. Tag Stiles, along with the Foundation of Mon General Hospital, organize several fundraising events each year in which proceeds benefit a program that provides free mammograms to individuals who are not covered by insurance and are unable to cover the cost of this potentially life-saving examination. As quoted from the event brochure (available on the bulletin boards in the Pro Shop), "By supporting this event, you will be helping those who have been, and those who will be diagnosed with breast cancer...our mothers, sisters, daughters, aunts and cousins. We need you there." Participation in the event includes golf, skill prizes, trophies and awards luncheon. Cost for Alpine Lake members is \$75. If you wish to play in this event, please pick up a brochure at the Pro Shop, complete the entry form and mail it to the Foundation of Mon General Hospital address provided. This is an extremely worthwhile cause, and it sure would be nice to see great Alpine Lake participation.

OF INTEREST TO OUR COMMUNITY

CHECK listings on the last page of FWIW for a complete line-up of activities that are on-going in Alpine. There's something for everyone, so choose your favorites and participate. It's a great way to enjoy your friends and neighbors and do fun things, too.

ALPUC NEWS – from Kim Mayne, ALPUC



As we finally begin to enjoy some beautiful weather here at Alpine, we all know that fall and winter (sometimes they blend together) are certainly creeping closer. We would like to announce that, for the second year, we have asked Bob Berry to attend our Sept. meeting at the lodge to hold an information session with our customers on "Winterizing Your Home". Bob, as some of you are aware, has become very helpful to many residents as well as the lodge for electrical, plumbing, HVAC and other needs. He has so graciously accepted our invitation to meet with our customers and to provide helpful hints in winterizing your home. Our goal is to help customers alleviate the loss of water and damage to property that is a result of not properly winterizing your home. The date is still being determined due to coordination of schedules. Please look for the date in the next issue of FWIW and on your Aug. 31st ALPUC billing. We will also post the date as soon as it is available to our website: www.alpuc.com.

OF INTEREST TO OUR COMMUNITY... More News

2nd ANNUAL 5k RUN/WALK BENEFIT – by *Sheila Amato, Volunteer Editor/Journey of Memories*
In early October, Alpine Lake will again team up with Mon General Hospital to host this event in Alpine to raise funds to provide free mammograms to women who do not have health insurance in Preston and Mon counties. A reminder that the **deadline** for submitting an entry in our *Journey of Memories* publication, detailed in previous FWIW articles, is **August 31st**. For more information or questions, please contact me at brltrans@frontier.com or call (304) 789-5555. Watch future issues for more information as the date draws closer.

ACOUSTIC OPEN MIC REPORT – by *Ron Rogers, Open Mic Host*

Thursday, July 23rd – We had a night of songs featuring occupations. Countthehouse counted 52, not including the deck patrons. We had only 4 players. So, if you know anyone you could invite to participate in our acoustic open mic, please do. Next week's theme is "trains".

Thursday, July 30th – Great night – Countthehouse said 65 folks and 11 players/singers. Our annual visit from Jacobs Church was appreciated by the crowd. Wish they'd come back more often. The upright bass really adds to the sound. Lots of train songs, too. Still miss a few of our regulars, so give them a nudge. Next week's theme, having done "trains" is "**planes**". Heads up – Aug. 13th will be "Elvis" night. Also, start the creative juices flowing for Original Song Night TBA. KCB



Kindness is the language the blind can see and the deaf can hear.

- Mark Twain

TERRA ALTA CIVIC CLUB ELDEST LUNCHEON – by *Norma Eckard*

On Saturday, July 25th, at the Alpine Lake Lodge, the Terra Alta Civic Club hosted their Annual Luncheon for the Eldest Ladies and Gentlemen of Terra Alta and surrounding communities of the Portland District voters, including those residents of Alpine Lake that are 80 years and above. Those attending, 80 years and above, were treated by the Civic Club to a turkey dinner with all the trimmings, prepared by the Alpine Lake kitchen staff. There were (23) women, (14) men, and counting guests and Civic Club members, the number totaled 71 in attendance. Guests were entertained with music from the 30s, 40s and 50s during the meal by Kassaundra Richardson, granddaughter of Civic Club member Doris Dodge. It is often said that this event is one of the most gracious provided by the Terra Alta Civic Club to our honored eldest members of the community. We are so fortunate to have them in our lives.

The Eldest Lady honored was **Wilma Glover**. She was presented a bouquet of flowers from Clear Mountain Bank and a Bible from the Civic Club that is passed along to next year's Eldest Lady. The Eldest Gentleman honored was **Harold Loudermilk**. Harold was presented a Gift Card from BB&T Bank and a cane from the Civic Club. The cane is also passed along to the Eldest Gentleman from year to year.

Many thanks to Lion members Mike Andes and Sally & Jim Rocchi for serving as valets and a great thanks to Freddie Harrison for assisting us with those numerous details.

Nostalgia isn't what it used to be!



FROM MANAGEMENT & STAFF

GENERAL MANAGER’S CORNER – by *Freddie Harrison, GM*

There was no report this issue.

BUSINESS OFFICE NEWS – by *Linette Sines, Business Manager*

Linda Fansler is now the owner of 1768 East Alpine Drive. Linda has been a homeowner for several years at 636 Primrose Lane. Congratulations on your new home!

Check the “Celebrations” section of FWIW for Alpine employees’ birthdays and employment anniversaries. We appreciate all the hard work from our staff members and are pleased to acknowledge them there.

MARKETING – by *Lauren Kotula, Director of Marketing & Group Sales*

Community Chat – A new community chat can be found in the members’ only section of the AL website. After logging in, choose menu option for “community chat”. If you need a member login, please call (304) 789-2481 X-152 or email Lauren Kotula laurenkotula@alpinelake.com.

Alpine Lake Music Festival is on Sat., Aug. 29th. Gates open at Noon. The bands are Guilty Pleasure Band (rock); Jason Good Blues Band (blues); Kenny Jones Band (country); and the Hillbilly Gypsies (bluegrass). Tickets are on sale now at the front desk of the lodge. Advance tickets are \$25 Adults & \$10 Children. Door tickets are \$30 Adults & \$15 Children. If you would like to volunteer at the festival, please sign up at the front desk of the lodge. One volunteer for 2 hours and ticket pricing for volunteers will be discounted to \$15/1 adult. Thank you.

SECURITY – by *Fuzzy Corum, Director of Security*

Recently a property owner had a kayak taken illegally from the boatyard. Security has stepped up surveillance in the boatyard and other areas in Alpine to deter this type of activity. It is our goal to provide the highest level of security for our residents.

Living in WV, and especially wooded areas, a natural inhabitant is the timber rattlesnake. They are also an endangered species, so measures should be taken to ensure this symbol of wildness does not vanish from our mountains. Laws protecting this endangered species prohibit the killing of timber rattlesnakes. If you should encounter one, leave it alone. Do not handle or move, because they will bite if threatened. Instead, contact your local conservation officer or wildlife authority for assistance. In Alpine, contact our Security staff and let them handle contacting the proper authorities. Thank you.

Arithmetic is being able to count up to 20 without taking off your shoes.

Helpful Hint...

Love fresh flowers in the house? Keep cut flowers alive longer by giving them what they need to survive....sugar for nourishment and an acidic ingredient (like lemon-lime soda or aspirin) which allows the plant to absorb water more easily. A drop of bleach prevents bacteria and also lengthens their life.





ALPOA BOARD NEWS

PRESIDENT'S REPORT – by *Ginger, Tucker, President*

It's August already, with family and friends visiting, the time just zooms by and we are all staying so busy enjoying the many activities that Alpine Lake has to offer. The new front doors have arrived and will be installed once the sidewalks (that are being installed as this FWIW goes to print) are completed. It will give a much-needed uplift to the front of the lodge.

Leonard Sipes has provided the email address of the GM and Senior VP of WV Frontier, so that all community members can express your frustration with Frontier's lack of high-speed internet service in the Alpine Lake community. Perhaps if all property owners send a note, Frontier will be more inclined to follow through on promises of internet upgrades. Several property owners have already emailed and received personal responses, so let's keep the pressure going. Email: kevin.wallick@ftr.com

We've included a separate request for adhoc committee volunteers to determine how to improve communications flow within the community. Please consider volunteering for this committee to figure out ways to improve information flow, while dispelling rumors.

Requests for Ad Hoc Information Flow Committee Members

One of the ongoing concerns of property owners at Alpine Lake has been Communication/Information flow within the community. To address that concern, at a recent workshop meeting, the Board approved an Ad Hoc Information Flow Committee. That committee will consist of 5-7 volunteer property owners.

Committee Requirements:

Develop your own structure and procedures.

Within 6 months, recommend solutions to improve information flow

- Within the community;
- Between the board and community;
- Between the General Manager and the community;
- Among community members.

The committee should consider:

- Time constraints...answering a mountain of individual emails is not practical and is narrow in terms of decimation of information.
- Technology assisted communication;
- Rumor control measures;
- Electronically-enhanced meeting options;
- Issues related to response rates in survey efforts;
- Other issues as identified by the Ad Hoc Committee.

Those property owners interested in volunteering for this important Ad Hoc Committee should submit your name to board member, Tom Kinsey (412) 720-1037 or kinseykrest@gmail.com.

Editor's Note: Property owner Bob Hart also provided information about the Frontier internet upgrades in Alpine Lake, noted above. He was informed that Frontier is fixing internet within the next 30 days, with a 5-year plan to bring in fiber optics. Use the email above to contact Kevin Wallick, Frontier Communications Sr. VP & GM, WV.



COMMITTEE REPORTS

BEAUTIFICATION COMMITTEE – by *Barb Conway & Wilma Rumble, Co-Chairs*

The new flower garden at the Welcome Center is nearing completion. Perennials have been planted, and all that is left is some cosmetic work. I almost said “minor” work, but I’m not sure the volunteers would agree. Many, many thanks to the volunteers who helped create this garden: **Dave Tucker**, who provided assistance with ordering of materials and actual construction, along with **Jay Beigel, Tom Kinsey, and Jim Rocchi**. Thank you to **Joan Evans** and **Marilyn Sedlack**, who worked with **Nancy Reger** to select plants and plot their placement. Chester and the crew prepared the garden area by hauling and unloading the soil. Flower planting was done by **Michele Hall, Dick Rumble, and Marilyn Sedlack**. We also need to recognize **Brian Bucklew**, who kept the workers hydrated during a hot work session.

I hope we have designed a garden that can be enjoyed for many years to come, by everyone who enters our community.

PROPERTY OWNERS COMMITTEE – by *Bernie and Birgit Stock, Co-Chairs*

By the time this hits the presses, we will be in the midst of our annual **Alpine Lake Yard Sale** at the Boathouse. We hope it will be another successful fundraiser, as in years past. There are a number of projects that need to be accomplished this year if the funds allow. Thanks to all who are donating and working together to make it possible.

This month’s **Carry-in Picnic** will take place on Thursday, Aug. 20th at the Boathouse, starting at 5 PM. Bring the usual and some nice weather.

Don’t forget, the annual **Labor Day Picnic** will take place at 1 PM on Sept. 6th – again, at the Boathouse. Mark your calendars.

We’ll be having an organizational meeting for the **Oktoberfest Weekend** on Tue., Aug. 18th at the Boathouse, starting at 7 PM. Try and be there. New blood is always needed, as well as ideas/suggestions to make it the best ever. Again, mark your calendars for the 3rd weekend in Sept. (9/19-20) for the biggest party at A.L. celebrating autumn harvest and life. There’s no WVU game that weekend, either. As always, lots of help is needed to make things run smoothly. More info. in the next FWIW.

Aluminum cans were sold last week – 320 lbs. at \$.28/lb. for \$89.60 (blame China for flooding the market). Keep those cans coming in, anyway. B&B

ECC COMMITTEE – by *Dick Gallagher, Chair*

Last Chance for Standing Variances: The Declaration of Restrictions provides certain guidelines for homeowners. Items such as fencing and signs are specifically addressed. The ECC has tried to help homeowners by granting standing variances to make life easier. Proving that no good deed goes unpunished, we have found homeowners ignoring the requirements, issuing written complaints about the requirements, and even resorting to screaming verbal assaults, refusing to comply with the requirements. This cannot continue.

The standing variances can be withdrawn at any time. ***We will give the property owners until Aug. 15 to decide whether they want to follow the guidelines for the standing variances or whether they would prefer to go back to the strict requirements of the Declaration.*** If, after that time, we find continuing violations, we will notify all property owners through the Newsletter and the Alpine Lake website that the variances will be withdrawn. Should this happen, all realtor and for sale signs have to be removed. Subsequent violations will be referred to the Compliance Committee. It is your choice: follow the simple guidelines in the handbook (p 20) or go back to the older and much stricter requirements in the Declaration of Restrictions.

ALPINE LAKE LODGE SUMMER HOURS
EFFECTIVE MAY 1, 2015

FRONT DESK -

Sunday – Thursday - 7 AM – 7 PM
Friday & Saturday - 7 AM – 9 PM

THE MOUNTAIN LAUREL/EVERGREENE DINING ROOM –

Open Daily

Breakfast 8 AM – 11 AM (Breakfast began July 1st)
Lunch 11 AM – 4 PM
Dinner 4 PM – 9 PM

LAKERS' LOUNGE -

Daily – 11 AM – 10 PM

FITNESS CENTER - OPEN DAILY – 6:00 AM – 10:00 PM

PRO SHOP - OPEN DAILY – 7 AM – 7 PM

Note: Our Alpine Lake website is: www.alpinelake.com
Phones; (800) 752-7179 or (304) 789-2481

WEEKLY SPECIALS

Mondays - 50¢ Wings
Tuesdays STEAK NIGHT
Wednesdays 50% Off Appetizers
Thursdays: ALL pizzas ½ priced
Fridays –Taco Night
All Specials Available 4-9 PM



HAPPY HOUR

3-5 PM – Monday – Friday
\$2.00 Drafts - \$1.00 off Mixed Drinks

NEW MENU

Stop by Lakers' Lounge to try items from our delicious new menu!
Follow Alpine Lake on Facebook for more specials and updates!

Editor's Note: We include this page in each issue of FWIW as a handy reference page for Alpine Lake hours of operation and specials available. Please support our management and staff.

FREE CLASSIFIED ADS - "A Service for our Readers"

Editor's Note: Ads will run in 4 issues, and then be deleted, unless new ones are resubmitted. This will be accomplished by inserting the date the ad was first run, with new ads at the top of the listing. We appreciate your help to make this section of FWIW beneficial to our readers by being current. Thank you. Remember to notify me if your item is no longer available, too.

Services: Painting, staining, power-washing, landscaping, lawn care, house-sitting, pet-sitting and other odd jobs. Call Bob at (304) 288-1981. Numerous Alpine references available. (8/7)

For Sale: Beautiful oak 48" round table w/2 15" leaves & 6 upholstered chairs. Excellent showroom condition. Remodeling & need space. \$700 Photos posted on Alpine Lake Classified FB page. Can deliver in Alpine. Call (304) 615-5205 (7/24)

For Sale: Blue 4-person dingy, includes title & oars. \$300 Call Dave (443) 694-4957. (7/24)

Lost: Lady's pitching wedge golf club, Lady Slazenger. Contact Wanda Hutchings (717) 658-4487 (7/24)

For Sale: Used V-bow 12' Sea King alum. Fishing boat, including oars. Located at AL boatyard and boat sticker (#158) has been paid for current year. \$125 Call Mike Toms (717) 658-1324. (7/24)

For Sale: Ibanez acoustic guitar w/hard case; has built-in amp pickup & tuner; immaculate condition. Asking \$150 Call (304) 789-3193 (7/24)

For Sale: 9' Pryon Chopper Kayak (red); white water \$100. Call Tom Nevin (239) 293-3273 or stop by at 2387 W. Alpine Drive to see. (7/24)

Free for Adoption: Beautiful, sweet Seal Point Siamese cat; 9 mos. old; owner passed away. Call Lorrie MacArgle (304) 789-6710

For Sale: Linux operating system desktop that dual boots Linux XUbuntu14.04; long-term version or Windows7Home, the free version from Microsoft. HP Compaq EVo310; black/silver case; monitor, keyboard, mouse and more. Call for details; can supply installation DVD copies \$40 for all. Call Hal (304) 789-6710. (7/24)

For Sale: Okidata Monochrome Laser Printer; new 6 mos. ago & only used a few times. Designed for Microsoft Windows \$50. Call for complete details. Hal MacArgle (304) 789-6710 (7/24)

Free to Good Home: 4 kittens will be weaned in 2 ½ weeks; 1 each male/female black; 1 dark calico male and 1 lighter calico female. All healthy & looking for nice warm home. Please call (304) 279-8586 (Schuyler Franks, Alpine Security). (7/10)

Wanted: Flat-bottomed John boat, at least 10', but prefer 12' in length; in good working condition & reasonably priced. Ask for Chuck at (304) 365-7742 or (304) 685-7938. (7/10)

Tax Services: Dorinda Kisner, CPA, and staff providing professional services for individuals, businesses, estates and trusts. Tax planning, compliance, estimated payments, consulting and accounting services locally in Terra Alta. Contact us at (304) 789-6082 or email at questions@kisnercpa.com (7/10)

For Sale: Canoe, paddles, life jackets: Old Town Penobscot 17'; new \$1100; sell \$400 OBO. Call John at (410) 869-3912 (home) (6/19)

For Sale: Storm door, brown, glass & screen inserts. \$65. Call (304) 789-6391. (6/19)

For Sale: Solid color green sofa (overstuffed back cushions) in good condition. \$100 – matching loveseat \$75. Buy set or single. Call (410) 984-7621 (6/19)

Services: Will do House and/or Pet Sitting. Alpine references available. Call Kay (304) 789-2111. (6/19)



CELEBRATIONS

Here are the folks celebrating in August so wish them a happy day and send a card if you can. Listed are birthdays, unless noted otherwise.

Send an email if you'd like to have your special day recognized here, which gives us permission to publish your name and date. Thanks.

- Aug. 1 – “Boomer” Aamodt* (hope it was happy)
- Aug. 5 – Cathy Young*
- Aug. 9 – Loring Young*
- Aug. 9 – Kathy & Mike Andes* (congratulations on your anniversary)
- Aug. 12 – Dolores McNaboe*
- Aug. 14 – Kathy Andes*
- Aug. 23 – George & Joan Evans* (think this is 51st wedding anniversary...congrats)
- Aug. 29 – Sharon Golmitz*



MORE CELEBRATIONS – Alpine Staff

Same message as above applies to our Alpine Staff members – Thanks to Linette for keeping us informed of special days for our staff - wish them a happy day, too, and thank them for their service.

Celebrating August Birthdays:

- Justin Moore* – Cook – Aug. 18th
- Bill Casteel* – Roads Dept. – Aug. 23rd
- Chester Fitchett* – Roads/Golf Superintendent – Aug. 23rd
- Keyla Beckman* – Server – Aug. 24th
- Albert DeWitt* – Security – Aug. 31st

Employment Anniversaries:

- Joe Heath* – Security – 1 year

Seasonal Employees Celebrating Anniversaries:

- Michael Ravenscroft* – Roads Dept. – 2 years
- April Lilley* – Server/Bartender – 1 year
- Jennifer Lambka* – Front Desk – 1 year
- Sue Dailey* – Hostess – 1 year

*If you treat a person as they are, they will remain as they are.
If you treat them as they ought to be and could be, they will become as they ought to be and could be.*

QUICK TIP – If you store large whole tomatoes in the refrigerator, they're likely to turn mealy.

If you store small whole tomatoes (cherry or grape) in the 'fridge, they won't...and they'll keep much longer.

Dates to Remember - (A handy summary of dates to put on your calendar now)

Please note that the following events occur **weekly** on the day and time noted:

Sundays – 6 PM – Bocce Ball, Courts by Motel

Mon., Wed. & Fri. - 9-10 AM – FUN-FIT Aerobics Classes, Lodge, Allegheny Room

Mondays – 10 AM- 3 PM – Sew Together, Boathouse

Mondays – 4:00 PM – STROKERS Scramble, Meet outside Golf Shop, Dinner Follows

Tuesdays – 9 AM – Member Golf Scramble, Golf Shop

Tuesdays – Steak Night

Wednesdays – 9 AM – Senior Men Golf League, Golf Shop

Wednesdays - 10:00 AM – Needlework Club - Rhododendron Room, Lunch Follows

Wednesdays – 4-9 PM ½ price appetizers

Wednesdays – 6:00 PM – “Jam Sessions”, Rhododendron Room

Wednesdays -- 7:00 PM – Property Owners Game Night, Boathouse

Thursdays – 8:30 AM – ALLGO Ladies’ Golf League, Meet Rhodo Room (18/9/Triple Treats)

Thursdays – 10 AM-Noon – Braille Workshop – Rhododendron Room

Thursdays – 2 PM – Men’s 9-Hole Golf, Golf Shop

Thursdays – 6-9 PM – Open Mic - Lodge

Note: Dump Open: Tue/Thur 7:00 AM – 4:00 PM & Sat. 7:00 AM-4:00 PM

T.A. Recycling Plant Open: Tue/Wed/Thur 8 AM – 2PM, and Sat. 8 AM ‘til Noon

Also – monthly events:

2nd Sunday of each month 7 AM – 1 PM – Kingwood VFD Breakfast

3rd Saturday of each month – 9 AM – **ALPUC Board Meeting** (meets June, Sept., Nov.)

10 AM – **ALPOA Community Board Meeting** (see note below)

ALPOA MONTHLY COMMUNITY MEETING - Saturday, Aug. 15th - 10AM

Please continue to email Board Members w/questions, suggestions (addresses are on website)

OR Use Comment Box in Lobby

COMING EVENTS: (Please put on your calendar now – don’t miss a thing – watch for details)

Aug. 7-8 – Alpine Lake PO Yard Sale, Boathouse

Fri., Aug. 7 – 7-10 PM – Live Music “Pat Obrennan”, Lodge (see page 1 for upcoming musicians)

Sun., Aug. 9 – 7AM-1PM – Kingwood VFD Breakfast, Kingwood

Thur., Aug. 13 – 8 AM – ALLGO Invitational, Lodge

Fri., Aug. 14 – 7-10 PM – Live Music “Scott Alexander”, Lodge

Tue., Aug. 18 – 10 AM – Wildflower Walk, Entrance Pond near Front Gate

Tue., Aug. 18 – 7 PM – ALP “Yoga” – Boathouse

Wed., Aug. 19 – Noon – Deadline for Next FWIW

Thur., Aug. 20 – 5 PM – PO Carry-in Picnic, Boathouse

Fri., Aug. 21 – Noon – Next FWIW published

Sun., Aug. 23 – Time TBA – “Tee It Up & Believe” Golf Tournament, Pro Shop

Sun., Aug. 23 – 2-4 PM – DaVinci & Dessert – Boathouse

Tue., Aug. 25 – 7 PM – ALP Program “Not Simply Supplements”, Boathouse

FUTURE EVENTS: Watch next FWIW for Future Events

Sat., Aug. 29 – Noon – Music Festival (previously Bluegrass Festival) – Boathouse (see flyers)

Sat., Sept. 5 – 9AM-1PM– Alpine Craft Show/Sale – Rhododendron Rm., Lodge (watch for details)

Sun., Sept. 6 – PO Labor Day Picnic – Boathouse (details coming)

Sat/Sun. Sept 19-20 – PO Oktoberfest – Boathouse (put it on your calendar – details later)

PARTING SHOT - Family & friends multiply the joy and divide the sorrow.